



UNITED STATES MARINE CORPS

Marine Corps Logistics Command
814 RADFORD BLVD SUITE 20301
ALBANY, GEORGIA 31704-0301

IN REPLY REFER TO

1700

L13

AUG 23 2004

POLICY STATEMENT NO. 7-04

From: Commanding General

To: Distribution List

Subj: COMMAND HEALTH AND WELLNESS PROGRAM

Ref: (a) DoD Directive 1010.10
(b) MCO P1700.29
(c) BO 12000.6 (NOTAL)

1. Situation. A healthy lifestyle benefits individuals, civilian and military, and their employer. Increased job performance, lower health care costs, decreased absenteeism, reduced turnover and manageable levels of stress are but a few of the benefits noted in the results of several studies conducted on health wellness/exercise programs in various organizations.

2. Mission. Establish a comprehensive Health and Wellness Program (HWP) for all Marine Corps Logistics Command (LOGCOM) civilian personnel per references (a) through (c) that encourages healthy lifestyles, fosters physical and emotional well-being, and improves quality of life.

3. Policy. It is the Commanding General's policy to maximize individual on-the-job performance by implementing a HWP. Commanding Officers and Department Heads are encouraged to promote the Health and Wellness Program to the entire workforce and encourage employee participation.

4. The Health and Wellness Program will be under the supervision of the Manpower Department. As required, Manpower shall convene the HWP Committee to address HWP issues and make recommendations to the Commanding General.

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5. Command and Signal

a. Command. This Policy is applicable to Marine Corps Logistics Command.

b. Signal. This Policy Statement is effective the date signed.


H. MASHBURN, JR.

Distribution: A